



Sign up for important updates from C. Johnson, Coach Amos, Mr. Menti, and Mr. Rider.

Get information for Timberlake Senior High School right on your phone—not on handouts.

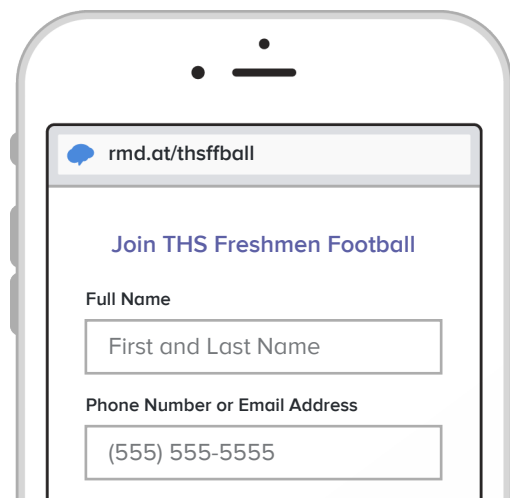
Pick a way to receive messages for THS Freshmen Football:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/thssffball

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@thssffball](#) to the number **81010**.

If you're having trouble with **81010**, try texting [@thssffball](#) to **(509) 293-4911**.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/thssffball on a desktop computer to sign up for email notifications.